

~ Harwich Recreation Presents ~

HARWICH ON THE RUN!

Join the Fun, Join the Clinic, Join *Harwich on the Run!*
Instructed by Joanne Logie and Sponsored by the
Harwich Road Race

Join our Running Clinic to Prepare and Train each week
for Running in a 5K Road Race on June 26th, 2010.
Cost for the Clinic is \$40 per Student and Registration
Includes your Entry Fee for the Harwich Road Race.

Clinic is for all kids in Grades 5 ~ 8.

Starts Wednesday June 2nd &
Ends June 26th with Participation in the
Harwich Road Race.

Clinic meets twice per week for 4 weeks
at the Brooks Park Courts:

- ◆ Wednesdays 4:30* -5:45pm &
- ◆ Saturdays 9:00* -10:15am

*Please Arrive 5-10 Minutes Early!
Our group will set out from Brooks
Park at 4:30pm Wednesdays
& 9:00am Saturdays

Registrations at the
Harwich Recreation
Office. 508-430-7553



For more information on the
Harwich Road Race:
www.HarwichRoadRace.com